

Case #2

As BodyTalk works to improve communication throughout the whole body-mind complex often more than the main concern will be addressed or in some cases there is a priority to address other issues first before the main concern can be dealt with. We sought to see the big picture by taking a baseline of numerous physical, mental, emotional, spiritual and social health concerns. The Children were assessed with 57 questions on a scale of 0 to 5. 0 being not an issue and 5 being severe.

Here are the individual case results:

Change by 1-2 points= Slight Increase in incidents or Slight decrease

Change of 3 points= Moderate Increase or Moderate decrease

Change of 4-5 points Major increase or Major decrease

	Initial	Final	Result
FOOD allergies or intolerances?	0	0	Not Applicable
Allergies to bee/insects?	0	0	Not Applicable
Allergies to Medications?	0	0	Not Applicable
Reactions to vaccinations?	1	0	Slight decrease
Environmental Allergies? (pets, dust, perfume etc)	2	3	Slight Increase
Has issues with vision?	3	1	Slight decrease
Has issues with hearing?	0	0	Not Applicable
Issues with ear infections?	5	1	Major decrease
Speech development delays?	0	0	Not Applicable
Stuttering, lisps or other speech difficulties?	0	0	Not Applicable
any dental issues?	3	2	Slight decrease
underweight?	0	0	Not Applicable
Overweight?	0	0	Not Applicable
Problems with breathing or coughing?	2	3	Slight Increase
Asthma?	0	0	Not Applicable
Seizures?	0	0	Not Applicable
Any Heart Problems?	0	0	Not Applicable
Blood pressure issues?	0	0	Not Applicable
Diabetes or blood sugar issues?	2	0	Slight decrease

Picky eater?	4	2	Slight decrease
Issues with food textures etc?	4	3	Slight decrease
Bothered by contact with fabrics etc?	3	1	Slight decrease
Walking or mobility delays?	0	0	Not Applicable
Issues with fine motor skills, hand-eye coordination?	0	0	Not Applicable
Skin issues, Eczema, rashes etc?	1	1	No Change
anemia?	0	0	Not Applicable
Cancer?	0	0	Not Applicable
Low immunity? or chronic colds etc?	4	3	Slight decrease
anxiety?	5	5	No Change
depression?	2	2	No Change
Physical Fears or phobias? ie dogs, bugs, water, people, etc	4	4	No Change
Spiritual' Fears or Phobias? ie ghosts, monsters, dying, abandonment..	4	4	No Change
Environmental fears or phobias? ie loud, busy places, too quiet places, the dark, too many people...	3	2	Slight decrease
Social fears and phobias? social situations, meeting people, public speaking...	4	4	No Change
shy or withdrawn?	3	3	No Change
overly sensitive to criticism/feedback?	4	4	No Change
overly aggressive?	4	3	Slight decrease
prone to anger/tantrums?	4	3	Slight decrease
issues at bedtime? ie willingness to go, falling asleep	2	3	Slight Increase
can go to sleep independently/ alone?	1	4	Moderate Increase
issues with staying asleep/waking? (beyond typical once need to pee/drink)	0	1	Slight Increase
Wakes for reassurance?	1	2	Slight Increase
nightmares or night terrors?	2	2	No Change

Bedwetting?	2	0	Slight decrease
daytime accidents?	0	0	Not Applicable
Issues with loud noises (hand dryers etc) or loud busy environments?	3	3	No Change
Can make eye contact and interact with others?	0	0	Not Applicable
Separation issues/ issues being alone?	3	3	No Change
over attachment to comfort item (blanket/stuffie etc), pacifier, thumb sucking, nursing?	1	0	Slight decrease
Very high or very low activity level?	4	3	Slight decrease
Is unable to act appropriately when danger is apparent? (hot stove, busy street..)	0	0	Not Applicable
Issues with sharing? grabbing back toys?	2	3	Slight Increase
can quickly recover from a disappointment or change in plans?	3	3	No Change
issues with attention span? Can wait short period when instructed to.	1	2	Slight Increase
issues with attention span within a group? Able to sit through 15-20 minutes of 'circle time'.	1	1	No Change
Can play in a group without becoming overly excited?	3	2	Slight decrease
can run a simple errand? ie-go grab your shoes.	0	0	Not Applicable
can follow simple instructions (put on PJs, put away toys) with one reminder or less.	0	0	Not Applicable
can listen to 1-2 stories at a time?	0	0	Not Applicable