

Case #1

As BodyTalk works to improve communication throughout the whole body-mind complex often more than the main concern will be addressed or in some cases there is a priority to address other issues first before the main concern can be dealt with. We sought to see the big picture by taking a baseline of numerous physical, mental, emotional, spiritual and social health concerns. The Children were assessed with 57 questions on a scale of 0 to 5. 0 being not an issue and 5 being severe.

Here are the individual case results:

Change by 1-2 points= Slight Increase in incidents or Slight decrease

Change of 3 points= Moderate Increase or Moderate decrease

Change of 4-5 points Major increase or Major decrease

	Initial	Final	Result
FOOD allergies or intolerances?	1	3	Slight Increase
Allergies to bee/insects?	0	0	Not applicable
Allergies to Medications?	0	0	Not applicable
Reactions to vaccinations?	0	0	Not applicable
Environmental Allergies? (pets, dust, perfume etc)	0	0	Not applicable
Has issues with vision?	1	0	Slight decrease
Has issues with hearing?	0	2	Slight Increase
Issues with ear infections?	1	0	Slight decrease
Speech development delays?	4	0	Major decrease
Stuttering, lisps or other speech difficulties?	4	1	Moderate decrease
any dental issues?	3	0	Moderate decrease
underweight?	0	0	Not applicable
Overweight?	0	0	Not applicable
Problems with breathing or coughing?	0	1	Slight Increase
Asthma?	0	0	Not applicable
Seizures?	0	0	Not applicable
Any Heart Problems?	0	0	Not applicable
Blood pressure issues?	0	0	Not applicable
Diabetes or blood sugar issues?	0	0	Not applicable
Picky eater?	0	0	Not applicable

Issues with food textures etc?	0	1	Slight Increase
Bothered by contact with fabrics etc?	5	1	Major decrease
Walking or mobility delays?	0	0	Not applicable
Issues with fine motor skills, hand-eye coordination?	0	0	Not applicable
Skin issues, Eczema, rashes etc?	1	1	No change
anemia?	0	0	Not applicable
Cancer?	0	0	Not applicable
Low immunity? or chronic colds etc?	0	2	Slight Increase
anxiety?	0	3	Moderate Increase
depression?	0	0	Not applicable
Physical Fears or phobias? ie dogs, bugs, water, people, etc	0	0	Not applicable
Spiritual' Fears or Phobias? ie ghosts, monsters, dying, abandonment..	0	3	Major Increase
Environmental fears or phobias? ie loud, busy places, too quiet places, the dark, too many people...	0	2	Slight Increase
Social fears and phobias? social situations, meeting people, public speaking...	1	2	Slight Increase
shy or withdrawn?	1	2	Slight Increase
overly sensitive to criticism/feedback?	1	2	Slight Increase
overly aggressive?	5	2	Moderate decrease
prone to anger/tantrums?	5	2	Moderate decrease
issues at bedtime? ie willingness to go, falling asleep	3	1	Slight decrease
can go to sleep independently/ alone?	0	4	Major Increase
issues with staying asleep/waking? (beyond typical once need to pee/drink)	5	1	Major decrease
Wakes for reassurance?	0	1	Slight Increase
nightmares or night terrors?	5	1	Major decrease
Bedwetting?	1	0	Slight decrease

daytime accidents?	0	1	Slight Increase
Issues with loud noises (hand dryers etc) or loud busy environments?	0	3	Moderate Increase
Can make eye contact and interact with others?	0	1	Slight Increase
Separation issues/ issues being alone?	0	3	Moderate Increase
over attachment to comfort item (blanket/stuffie etc), pacifier, thumb sucking, nursing?	0	0	Not applicable
Very high or very low activity level?	3	1	Slight decrease
Is unable to act appropriately when danger is apparent? (hot stove, busy street..)	4	2	Slight decrease
Issues with sharing? grabbing back toys?	3	2	Slight decrease
can quickly recover from a disappointment or change in plans?	5	1	Major decrease
issues with attention span? Can wait short period when instructed to.	3	1	Slight decrease
issues with attention span within a group? Able to sit through 15-20 minutes of 'circle time'.	3	1	Slight decrease
Can play in a group without becoming overly excited?	3	1	Slight decrease
can run a simple errand? ie-go grab your shoes.	1	1	No change
can follow simple instructions (put on PJs, put away toys) with one reminder or less.	1	2	Slight Increase
can listen to 1-2 stories at a time?	4	1	Moderate decrease